



Niagara Nutrition Partners

Volunteer Position Description

Position Title: Grocery Shopper

Responsibilities/Tasks:

- Grocery shop
- Follow Canada's Food Guide and Student Nutrition Program Guidelines
- Purchase fresh foods over frozen or canned (wherever possible)
- Purchase foods and ingredients based on provided menus
- Check expiry dates on all items
- Collect and store food items according to safe food handling regulations
- Deliver foods and ingredients to the nutrition program location, help unpack and organize
- Budget awareness

Hours per Week:

Approximately 1 to 5 hours depending on program

Skills Needed:

- Knowledge of various food items including fruits, vegetables and meats, etc.
- Safe Food Handling course an asset
- Follow directions and take initiative
- Responsible and reliable

Program may order through a centralized food purchasing program. Volunteers might be required to put food order away – OR volunteer might be needed monthly to pick up staple items.