



Niagara Nutrition Partners

## ***Volunteer Position Description***

**Position Title: Menu Planner**

### **Responsibilities/Tasks:**

- Create healthy and nutritious menus
  - Follow Canada's Food Guide and Student Nutrition Program Guidelines
- Ensure variety
- Consult with Public Health Dietitian as required
- Create shopping list
- Budget awareness
- Awareness of Safe Food Handling Guidelines

### **Hours per Week:**

Approximately 1 to 2 hours depending on program

### **Skills Needed:**

- Follow guidelines
- Use initiative and consider variety